



Health Benefits Seminar Recap



More TI retirees attended the two sessions of the Health Benefits Seminar on October 6 at Plano Centre than have attended any previous TIAA seminar. There were 115 pre-Medicare retirees at the morning session and a whopping 650 Medicare-eligible retirees at the afternoon session. Speakers at the pre-Medicare session were Terri Murphy, TI Health Benefits Manager; Dr. Kevin Soden, TI Consulting Medical Director; Gene Wickes, OneExchange President; and David Carter, OneExchange Benefits Advisor. At the Medicare-eligible session, the speakers were Neisha Strambler-Butler, TI Global Benefits Director; Gene Wickes, OneExchange President; David Carter, OneExchange Benefits Advisor; and Dr. Kevin Soden, TI Consulting Medical Director. The presentations were followed by question-and-answer sessions and were well received by the attendees.

TI Retiree Luncheon Reminder

The Annual TI Retiree Luncheon will be held at the Mesquite Convention Center on Thursday, November 3. Doors will open at 9:30 am, with a barbecue lunch served at 11:30 am. The speaker this year will be Ellen Barker, Chief Information Officer (CIO) and Vice President of TI. The theme of this year's event is "Celebrating TI Contributions to the Information Age." In her comments, Ellen will highlight some of the key technologies developed by TI, which have made possible the widespread growth of IT in today's world, and will also update TI's recent business results.



Is Your TIAA Membership Current?

The recently appointed Membership Development Committee will be at the Retiree Luncheon, too. Committee members can verify if your membership is up to date. You can join or renew at the luncheon or pick up materials to do later. Remember, first-year memberships are free. Current members can stop by and pick up TIAA Brochures to pass along to any friends or neighbors who ever worked for TI, as membership is open to all former TIers. The primary mission and current members of this committee are posted on the Membership page of our website. If you are interested in joining this committee, please contact the Membership Development Chair at 214-507-1500.

TIAA United Way Campaign



The 2016 TIAA United Way Campaign will continue through November 9. TIAA members will have the option of making their pledge through TIAA's United Way website or by mail. TIAA Members making a pledge through the TIAA United Way campaign will have their dollars matched dollar-for-dollar by the TI Foundation (up to \$10,000 per person).

TI Days During the "Autumn at the Dallas Arboretum" Festival

On **weekdays-only** through November 23, TI retirees and up to five guests may gain free admission. (Weekends are reserved for active TIers.) Afternoons are more crowded than mornings. Just show your TI retiree badge. Free admissions do not cover the Children's Garden. Once again, TI joins the Dallas Arboretum as they kick off the annual "Autumn at the Dallas Arboretum" festival with one of the most spectacular pumpkin and gourd displays in the world. The garden will transform itself with thousands of blazing-colored florals as 75,000 pumpkins, gourds and squash come together to form the nationally acclaimed storybook Pumpkin Village. Members do not have to register for this event. (Also see the November 11 Travel event below.)



TIAA Travel Events

October Travel Recap: Ten, brave TIAA members gathered their courage and met at the Mesquite Arts Center to watch a witty version of the classic Gothic story by Bram Stoker. Count Dracula ("Son of a Dragon") is the character of darkness that has frightened millions of people over the years by exuding a veneer of hypnotic and aristocratic charm. His passion is swirling his black cape around and sinking his teeth into the throats of young women. The ensuing fight between the girl's fiancée and the Count was one exciting "Pow", "Wham" and "Bam" after another – with our seats surrounding the small stage of the Black Box Theater. The hero won, of course, saving the beautiful damsel in distress, ending the un-dead curse and putting us in a Halloween mood. Please join us on one of our adventures.



November 11, "12 Days of Christmas" – Friday, 3:00 pm, Dallas Arboretum. Everybody sings the song at Christmas, but to see the 12 days in person is to celebrate the holidays like never before. On this 0.75-mile walk, you can witness these beautiful, 25-foot-tall Victorian style gazebos spread across a winter wonderland. Each gazebo is encased in glass, decorated on all sides and features mechanical parts and festive music. We will wander around the beautiful Arboretum grounds on our own and be amazed at the various pumpkin houses containing over 90,000 pumpkins along with 150,000 beautiful fall-blooming plants. We will take a bus and leave Texins at 2:30 pm (be sure to bring your TI badge for free



admission for you and your guests), enjoy the Arboretum until 5:00 pm and eat dinner at El Fenix in Casa Linda (at our own expense) before returning about 7:00 pm. Cost for transportation is \$15 for members and \$17 for nonmembers. Please call the TIAA office at 214-567-8444 to register.

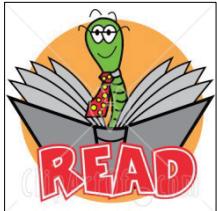
December 10, "The Gift of Christmas" – Saturday, 2:30 pm, Prestonwood Baptist Church, Plano. Let's attend this must-see event for thousands during this wonderful time of the year. Their production includes elaborate staging, special effects, flying angels, live animals, and a living Nativity scene bringing to life a breathtaking and powerful presentation depicting the miraculous birth of Jesus Christ. (No cameras or video equipment, please.) We will leave Texins at 1:30 pm, attend the 2:30 pm performance and return about 5:00 pm. Cost is \$29 for members and \$32 for nonmembers. Please call the TIAA office at 214-567-8444 to register.



Community Involvement Events

October CIT Recap: On October 12, eight TIAA volunteers boarded the Senior Source van for a work day at the Crossroads Community Services. Our tasks for the CCS volunteer event were to assist clients to fill their grocery cart with a month's supply of nourishing canned vegetables, frozen meats, eggs, cheese, and other foods. And, to sort shoes and clothing by sizes, place sorted items onto clothing racks, and assist clients to select items their family could wear. We were rewarded by the smiles and many thanks from the clients. Crossroads remains one of our volunteers' favorite organization. CCS is always looking for volunteers during weekdays.

November 15, Readers 2 Leaders – Tuesday, 8:30 am to 1:30 pm. Readers 2 Leaders goal is to develop and grow the reading skills of children, age 3-10, in West Dallas. Please join us at Texins to board a Senior Source bus at 8:30 am. Volunteers will help organize and update the Lending Library by re-shelving books and processing new donations. We will also help prepare materials for Team Read programs. Afterwards, we will have lunch at a local restaurant (at our own expense) and arrive back to the Texins Activity Center about 1:30 pm. Please call the TIAA office at 214-567-8444 to register.



November 21, Good Samaritans of Garland – Monday, 8:30 am to 1:30 pm. Being good stewards of donated resources and helping people in need, Good Samaritans operates as a client-based food pantry. Client needs are assessed by an interview process that takes into consideration qualifications and circumstances. Twice a week homeless clients receive a 10-pound pack of food designed for backpacks. The packs have protein, fruit, nuts, juice and water. Many times, pizza or pre-packaged salads are also available. In addition, hygiene kits are provided for men and women. Please join us at the Texins Activity Center to board a Senior Source bus at 8:30 am. Volunteers will distribute pre-Thanksgiving chili meals and coats/hats/gloves for the homeless. Afterwards, we will have lunch at a local restaurant (at our own expense) and arrive back to the Texins Activity Center about 1:30 pm. Please call the TIAA office at 214-567-8444 to register.



December 7, VNA – Meals on Wheels Gift Wrap – Wednesday, 9:00 am to 2:30 pm. For more than 80 years, VNA has responded to evolving community health needs with innovative client and patient services. The VNA prepares and distributes over 4,000 hot meals to Dallas County senior residents Monday through Friday. Please join us at the Texins Activity Center to board a Senior Source bus at 9:00 am. Volunteers will wrap gifts that are delivered to Meals On Wheels' recipients along with their regular meal delivery on Christmas Day. Lunch will be provided by the VNA. We will arrive back to the Texins Activity Center about 2:30 pm. Please call the TIAA office at 214-567-8444 to register.

TIAA Breakfast Meeting

November 18, Friday, 9:30 am. All TI retirees, TIAA members and their spouses are invited to this informal get-together for breakfast at the Southern Recipe Grill, 621 W. Plano Pkwy. We meet to enjoy a cozy breakfast with old and new friends. You will find fresh food, great service, reasonable prices, and good conversation. Registration is not required as we can always pull up another table, so just show up and bring a friend if you like. From North Central Expy, turn west on Plano Pkwy, cross the bridge and turn north into The Village at Collin Creek. The restaurant will be to your left. If you have any questions, contact Jon Campbell at 214-507-1500.

Next TIAA Breakfast: December 16, Friday, 9:30 am.

New and Renewing Members

Recently Cathy Allen, Maria Chacon, Albert Kaladjian, John Nash, Patrick O'Farrell, Kelly Richmond and Janine Williams became members. Orville Cowling and Peggy Goldin became lifetime members. Mike Clark, Susan Clark, Patricia Cochran, Craig Herteg, Imogene James, Maureen Nelson, Carol Norton, Larry Norton, Connie Presley and Cricket Presley renewed their memberships. Welcome all.

TI Alumni News

Published monthly by the TI Alumni Association to help inform the TI alumni community about news and activities of interest to TIAA alumni. Editorial Staff: Marilyn Adams, Editor, Jon Campbell, Managing Editor; Jerry Brandenburg, Ronnie Brandenburg, Larry James, Max Post, Jessica Stewart and Linda Stopani, Contributors. Alumni with general inquiries about TIAA should contact the TIAA Office by mail to TIAA, PO Box 740181, Dallas, TX 75374 or by calling 214-567-8444.

